

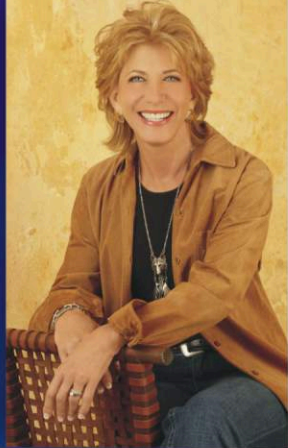
Public Lecture by Joan Borysenko, Fri, May 29, 7:00pm

## Spirituality and Healing: Making the Great Global Shift Together

One of the deepest forms of modern suffering is a sense of alienation from the deeper currents of life. The resultant feelings of emptiness often lead to hostility, depression, anxiety, addiction, prejudice, and stress. Unable to live and love from the fullness of our humanity, we lose health, resilience, and creative potential.

Spirituality heals the rift between human beings and Life by restoring a sense of deep connection to a larger, meaningful whole. That connection results in a constellation of positive emotions including awe, gratitude, compassion, forgiveness, love, peace, and joy. Research demonstrates that these emotions lead to better physical and emotional health, inspired leadership, and the enhanced creativity so needed in this historic time of shift in global values, goals, and cooperation.

McPherson Playhouse; Tickets: \$24.50 & \$32.50 tax/fees incl., 1.888.717.6121 (incl. with conference registration)



Here are some of the choices of workshops for conference delegates:

### In-conference Workshops May 30 & 31

(included in conference registration)

**Scientific Evidence for the Persistence of Consciousness after Physical Death** Warren Bell, MD

**Therapeutic Applications of Contemplative Wisdom in Psychiatry** E. Jane Garland, MD, FRCPC

**Discerning Religious, Non-religious and Metaphysical Spirituality: A socio-historical perspective for researchers** Siobhan Chandler, Masters degree in religious studies, PhD Candidate Wilfrid Laurier University

**Places for Whole Beings: Perspectives on the impact of city design on our physical and spiritual wellbeing** Mark E. Holland, MSc, LEED Accredited Professional and Joaquin Karakas, MA

**Keeping in Touch with Persons Who Have Died: Solace for persons who have lost a loved one** Deborah Sally Thoun, RN, BN, MN, PhD and Christine Upright, RN, BN, MN

**Spirit: The basis of indigenous healing practices** Oldhands, Traditional Healer and Spiritual Leader, Tongna Shoshone First Nation

**African Drumming and Spirituality: The experience and the discussion** Lyle Povah, Musician and Educator; Colleen Steel, RN

**What Love Has to Do with It: Love and spirituality in professional practice** Michèle Butot, MSW, RCSW, E-RYT

**The Healing Power of Intuition** Grace Dale, BSc, Intuitive Consultant

**Healing the Split Between Science and Spirit** John Shields, MA

**Kindred Spirits and Co-Species Healing: How the remarkable bond between humans and animals can change the way we live and heal** Allen M. Schoen, DVM, MS

**Illness as a Call to Consciousness** Conrad Sichler, BSc, MD, CCFP, CCSAM

**How Spirituality Shapes the Practice of Community Health Nurses Who Work in First Nations Communities in British Columbia** Karen A. McColgan, RN, BN, MN, Certified Practice Midwife

**Bringing in the Heartbeats: Sensorial dimensions of aboriginal spirituality within biomedical contexts** Elena Papadakis, MA, BA, Therapeutic Touch Practitioner

**Loving Our Egos: A vehicle for healing and spiritual growth** Penny Whillans, Ed.D., R.Psych

Additional pre- and post-conference workshops are open to the public:

### Pre-conference Workshops, May 29

(separate fees apply: \$75 plus GST)

**Saying Yes to Change: Essential wisdom for your journey** Joan Borysenko, PhD

**Humour and the Spirit of Revitalization for Health Practitioners** Raymond Moody, MD, PhD

**Healing at the End of Life: Integrative care practices in palliative and hospice care** Leila Kozak, PhD, MSc

**Peace Begins with Me: An exploration into mindfulness** Mark Sherman, MDCM, CCFP

### Post-conference Workshops, May 31

(separate fees apply: \$45-75 plus GST)

**The Planet in the Window: Exploring space, consciousness and cosmic connections** Edgar Mitchell, PhD, BSc

**Drawing Inward: Using a pencil to create your own portable oasis** Joanne Thomson, MEd, RN

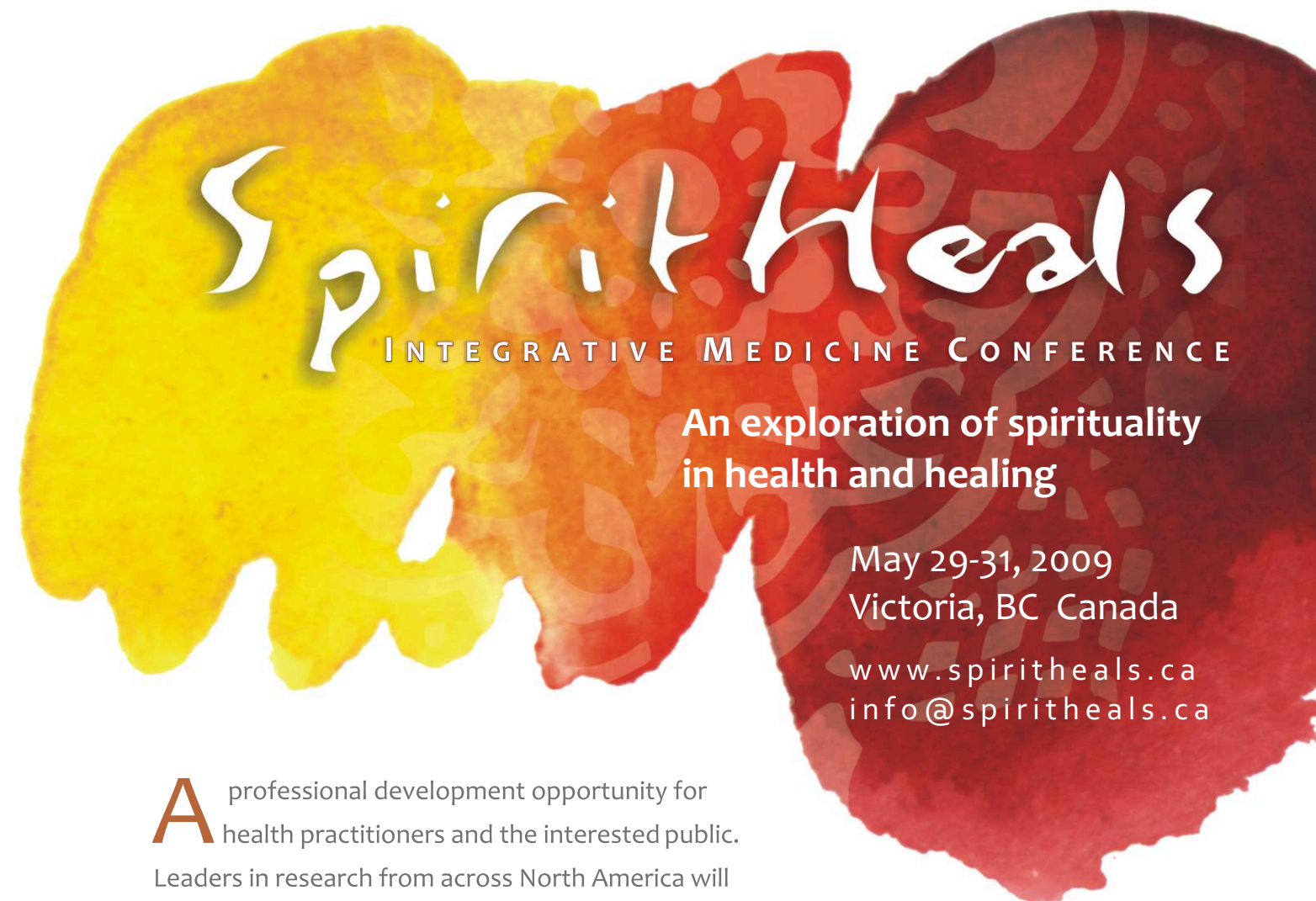
**Finding Centre: The path beyond burnout** Christopher Page, MDiv, ThM

**Horses & Healing at Spirit Gate Farm** Michelle Atterby, DipAcup and Oriane Lee Johnston, BA

**As Consciousness Expands, Addictions Dissolve** Anne Louise Flaherty, BEd, GradDipPhys; John Flaherty, MSc, BA

### How to register:

Register for the conference and pre- and post-conference workshops online at [www.spiritheals.ca/register.htm](http://www.spiritheals.ca/register.htm) or register by phone at 250.472.4747. Early Bird \$395, Regular Rate (after Mar 31) \$495, Student \$150



INTEGRATIVE MEDICINE CONFERENCE

An exploration of spirituality in health and healing

May 29-31, 2009  
Victoria, BC Canada

[www.spiritheals.ca](http://www.spiritheals.ca)  
[info@spiritheals.ca](mailto:info@spiritheals.ca)

A professional development opportunity for health practitioners and the interested public. Leaders in research from across North America will expand the boundaries of knowledge and clinical practice to encompass one of the most intriguing areas of health care study.

**CME: 10 Mainpro MI credits  
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★ **Early Bird Deadline  
March 31, 2009**



Dr. Raymond Moody, MD, PhD



Dr. Joan Borysenko, PhD



Dr. Edgar Mitchell, BSc, PhD

Co-hosts:



Partners:



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Visit [www.spiritheals.ca/program.htm](http://www.spiritheals.ca/program.htm) for the complete schedule

# Come to Victoria, BC May 29-31, 2009

and embark on an exciting journey with other healthcare practitioners and interested public who are involved with or exploring the positive health outcome potentials of spiritual belief and phenomena. This leading edge event will present an academically-oriented body of knowledge and research, as well as offer opportunities for deeper exploration in experiential workshop settings and rejuvenating activities.

This educational program meets the accreditation criteria of the College of Family Physicians of Canada for up to 10 MainPro M1 credits.

## Contact Us

SpiritHeals Conference  
info@spiritheals.ca  
tel: 250.686.3720  
www.spiritheals.ca  
Victoria, BC Canada  
Register:  
www.spiritheals.ca/register.htm  
or 250.472.4747

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**Dr. Joan Borysenko, PhD**, is a distinguished pioneer in integrative medicine and a world-renowned expert in the mind/body connection. Her work has been foundational in an international health-care revolution that recognizes the role of meaning, and the spiritual dimensions of life, as an integral part of health and healing. She has a doctorate and fellowships from Harvard Medical School and is the author of the New York Times bestseller *Minding the Body, Mending the Mind*.



**Dr. Raymond Moody, MD, PhD**, is best-selling author of *Life After Life* and originator of the term "near-death experience." He continues to capture enormous public interest and generate controversy with his ground-breaking work on the near-death experience and what happens when we die.



**Dr. Edgar Mitchell, BSc, PhD**, is founder of the Institute of Noetic Sciences and the 6th man to walk on the moon. He has devoted the last 35 years to studying human consciousness and psychic and paranormal phenomena in the search for a common ground between science and spirit. Dr. Mitchell's extraordinary career personifies humankind's eternal thrust to widen its horizons as well as its inner soul.

## Featured Presenters



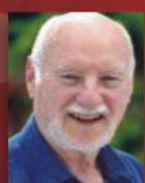
**E. Jane Garland MD, FRCPC**  
Jane is a Clinical Professor in Psychiatry at the University of British Columbia, is a child and adolescent psychiatrist, researcher, teacher and writer specializing in mood and anxiety disorders. She is also a contemplative meditation practitioner who teaches meditative whirling in the Sufi tradition.



**Oldhands Tongna Shoshone**  
Oldhands is a traditional healer and spiritual leader of the Tongna Shoshone First Nations, schooled in the medicinal ways of his ancestors for over 53 years. Oldhands has traveled the US and Canada working with ailing and dying people from all Nations and offers insight into the healing dimensions of First Nations spirituality.





**Leila Kozak PhD, MSc, DiHom**  
Leila is a research investigator in integrative medicine at the University of Washington School of Medicine, Bastyr University Research Center, and their associated Consciousness Science Laboratory. Her particular interest is the study of human connectedness and consciousness-based approaches to healing.



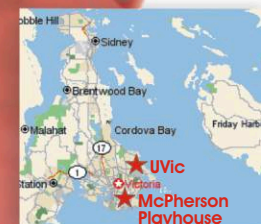
**John Shields MA; Director, The Haven**  
John is a former Catholic Priest and former President of the BC Government and Service Employees Union. He is currently pursuing research in the areas of cosmology, spirituality in leadership, and the evolution of consciousness. He is also writing a book on his personal journey of transformation from Catholic priest to cosmologist.

## Program



FRIDAY - MAY 29, 2009	
9:00 am - 4:30 pm	■ <b>Pre-conference Workshops</b> (University of Victoria) Open to the public. Separate fees apply. See reverse for details.
3:00 - 6:00 pm	Early Registration for conference delegates (McPherson Playhouse, #3 Centennial Sq., Victoria)
7:00 - 9:30 pm	■ <b>Public Keynote</b> (McPherson Playhouse) Dr. Joan Borysenko, PhD <i>Spirituality and Healing: Making the great global shift together</i>  This event is included for conference delegates. For public tickets, call 250.386.6121 or toll-free 1.888.717.6121.




SATURDAY - MAY 30, 2009	
6:30 am	■ <b>Healthy Start</b> (University of Victoria)
7:00 am	On-Site Registration
8:30 am	■ <b>Opening Ceremony</b>
8:45 am	■ <b>Opening Remarks</b>
8:55 am	■ <b>The Spirit of Leadership</b> Dr. Graham Dickson, PhD Director, Centre for Health Leadership and Research, Royal Roads University 
9:10 am	■ <b>Opening Plenary Speaker</b> Dr. Joan Borysenko, PhD <i>The Science of Compassion in Healing and Health Care</i> 
10:00 am	Nutrition Break
10:30 am	■ <b>Concurrent Workshops</b> See reverse.
11:30 am	Transition
11:40 am	■ <b>Panel: The Deep Dive: What is the Nature of Spirituality, Faith and Belief?</b>
1:00 pm	Lunch on-site (optional)
2:15 pm	■ <b>Concurrent Workshops</b> See reverse.

## Getting Here



Ferries make many crossings to and from the mainland daily. Call BC Ferries at 250.386.3431. Daily flights connect Victoria via the international airport and by harbour seaplane. The AKAL Airport Shuttle provides daily 1/2 hour service to & from the airport to all hotels and motels in Greater Victoria and to the UVic campus. Reserve by calling 1.877.386.2525.

3:15 pm	Nutrition Break
3:45 pm	■ <b>Second Plenary Speaker</b> Dr. Edgar Mitchell, PhD, BSc <i>Outer Space, Inner Mind</i> 
5:00 pm	Free Time
7:00 - 10:00 pm	■ <b>Outdoor Celebration Reception and Dance</b> Reception featuring the bopping sounds of the Brooke Maxwell Trio and a magical percussion experience with Lyle Povah 

SUNDAY - MAY 31, 2009	
6:30 am	■ <b>Healthy Start</b> (University of Victoria)
8:30 am	■ <b>Opening Remarks</b> ■ <b>Experiential Plenary Workshop</b> Shivon Robinsong, Co-Director, The Gettin' Higher Choir <i>The Healing Power of Harmony</i> 
9:00 am	■ <b>Third Plenary Speaker</b> Dr. Raymond Moody, PhD, MD <i>Exploring Spiritual Experiences of the Dying: Clinical dimensions of near-death experiences and related phenomena</i> 
10:15 am	Nutrition Break
10:40 am	■ <b>Concurrent Workshops</b> See reverse.
11:40 am	Transition
11:50 am	■ <b>Panel: Healing Stories</b> 
1:00 pm	■ <b>Closing Remarks</b> ■ <b>Closing Performance</b> With Zav RT "...an innovative, spunky violist, composer and storyteller," and Adrian Dolan "Everything he touches turns to brilliant sound..." Main Conference Ends
1:30 pm	Lunch on-site (optional)
2:30 pm	■ <b>Post-conference workshops</b> Open to the public. Separate fees apply. See reverse for details.

## Accommodation



University of Victoria Residences have been reserved for conference participants. Single \$45.00, twin \$55.00, plus taxes and including breakfast. Bookings: 250.721.8395 or housing@uvic.ca. Or stay at the downtown Marriott, 728 Humboldt St.; delegate rate \$165 plus taxes. Reservations 1.866.306.5451; group ref. SpiritHeals Conference.